



A. Desai, MD

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Name: _____ DOB: _____ Date: _____

Hospitalizations in the past 12 months? Yes No Where _____

Pulmonary History:

Have you ever been diagnosed with a lung disease? Yes No (circle below)

If so, when _____ where _____

- Emphysema Chronic Bronchitis COPD Asthma Sarcoidosis
Pneumonia Lung Cancer

When was your last chest xray? _____ last ct scan chest? _____ last breathing test? _____

Do you have Shortness of Breath? Yes No How long? _____

What triggers your shortness of breath? (Circle) Hills, Stairs, Walking, Running, Any Exertion

Do you have a cough? Yes No

Do you bring anything up with the cough? Yes No

What color is it? _____

Do you cough up any blood? Yes No How much? _____ How Long? _____

Do you have any wheezing? Yes No

Do you have chest pain? Yes No

Do you have rib pain (pleuritic)? Yes No

Do you have palpitations? Yes No

Do you have any sinus problems? Yes No

Do you have any allergy problems? Yes No

Do you have leg swelling? Yes No

Do you have problems with fatigue? Yes No

Have you ever been exposed to any asbestos or pulmonary hazards in the past? Yes No

Are you using oxygen therapy or nebulizer machine? Yes No DME Company _____

Sleep History:

Have you ever been diagnosed with a sleep disorder? Yes No

If so, when _____ where _____

Have you ever been told that you snore? Yes No

Have you ever been told that you stop breathing? Yes No

Do you have daytime sleepiness? Yes No

Do you have Insomnia? Yes No

What time do you go to bed? _____

What time do you wake up? _____

How long does it take you to go to sleep? Minutes Hours

Do you have any interruptions while sleeping? Yes No How many? _____

Do you wake up with an alarm or spontaneously? Do you feel refreshed? Yes No

Do you take any naps? Yes No

How many naps do you take _____ per day/week?

Does your naps feel refreshed? Yes No

Do you have any of the following? (Circle)

- Drowsy while driving Dry Mouth Morning Headaches Acting out dreams Night terrors Sleep Talking
Sleep Paralysis Hallucinations Cataplexy Seizures Night Sweats Sleep Eating
Restless leg Tossing / Turning in bed Leg Cramps / Twitching Nightmares Sleep Walking Bedwetting



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Personal & Social History:

Occupation: Full Time Part Time Retired Unemployed
Marital Status: M, S, W, D Who do you live with? _____
Smoking: Previous Smoker Current Smoker Never Smoked
(Circle which type) Cigarettes Pipe Cigars
How many years did you smoke for? _____ How may packs per day? _____
How many years has it been since you quit? _____
Alcohol: Yes No Socially Heavy Drinker
Do you drink caffeine? Yes No How many cups per day? _____
Do you do any recreational drugs? Yes No
Do you exercise: Yes No
Do you have any animals? Yes No What kind of animal(s) do you have? _____
Have you had any weight changes? Increased or Decreased and how many pounds? _____
Do you have any hobbies? _____

Family History:

Father: Alive/Deceased, age _____ Any health problems? _____
Mother: Alive/Deceased, age _____ Any health problems? _____
Brothers: How many _____ Any health problems? _____
Sisters: How many _____ Any health problems? _____
Any Children: Sons _____ Daughters _____ Any health problems? _____

Past Medical History:

Have you ever had any of the following?(Circle)

- Stroke Brain Tumor Headaches Seizures
High Blood Pressure Heart Problems Gerd Hernia
Ulcer Bowel Obstructions Intestinal Problems Kidney Problems
Bladder Problems Prostate Problems Psoriasis Eczema
Skin Cancer Thyroid Diabetes Anemia
Leukemia AIDS Hepatitis Depression
Bipolar Schizophrenia Anxiety Panic Disorder
OCD Mood Swings

List your surgeries:

- 1. _____ 4. _____
2. _____ 5. _____
3. _____ 6. _____